

KAREN PORTALIS

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PO Box 492475
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NURSING PROFESSIONAL

Hospice & Palliative Care RN

Compassionate, Trustworthy, and Adaptable **Nursing Professional** has 20+ years of extensive experience providing comprehensive direct patient care in various clinical units. Extremely competent individual prides itself with a proven track record of providing professional care to patients with diverse needs including medical/surgical patients, monitored patients at the IMCU and Trauma ICU unit and Pediatric Trauma and medical patients. Enthusiastic self-starter loves to work with patients and has profound understanding and compassion in caring for people. Prompt and dedicated with broad knowledge of human behavior and performance, principles and processes for providing customer and personal services. Highly energetic and reliable specialist has deep knowledge of nursing practices and **specializes in Hospice/Palliative care.**

- ✦ Excellent Compassion & Listening Abilities
 - ✦ Admirable Communication Skills
 - ✦ Superior Customer Service
 - ✦ Proficient in Interpersonal Relations
 - ✦ Palliative Care & Symptom Management
 - ✦ Adept in Prioritizing & Multitasking
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CAREER HISTORY

Boston Medical Center

Aug 1995 - Present

Palliative Care / Coordinator (July 2015 - Present)

Mercy Hospice (Aug 2004 - July 2015)

STICU (June 1996 - Aug 2004)

IMCU Step Down Unit (Feb 1996 - June 1996)

Medical/Surgical Floor (Aug 1995 - Feb 1996)

Boston, MA

- ✦ **Rendered individualized nursing care** based on specific patients' needs; provided optimal direct nursing care to patients with diverse needs including medical / surgical patients, and monitored patients at the IMCU and Trauma ICU unit.
- ✦ Demonstrated an ability to assess a medical situation and make appropriate notification to the supervisor or medical provider; maintained regular and reliable attendance as well as high level of confidentiality; **practiced consistently with professional standards.**
- ✦ Held accountable for delivering professional direct patient care in the Trauma ICU unit to monitored patients on complex **drips, CVVH, ventilators, cardiac lines, and art lines**; cooperated with the pediatric intensivist to deliver direct nursing care for **pediatric trauma** and medical patients.
- ✦ **Treated each person with courtesy and respect**, provided compassion, substantial emotional support, and encouragement to every patient and their families; recognized the needs and concerns of people and maintained constructive relationships in all interactions.
- ✦ Exhibited an ability to develop and maintain rapport with patients and families; cooperated with the physician and the interdisciplinary team.
- ✦ Performed pre-admission **evaluations for appropriateness for hospice services**; initiates the admission process by educating and informing patient/family of hospice and its services and provides nursing assessment that optimized patient and family directed comfort and quality of life.
- ✦ Engaged in consulting activities with patients to **discuss goals of care**; utilized assessment skills and risk assessment tools to identify patients with actual or potential care needs; assisted in filling out **POLST forms**; informed the patient and family regarding coordination of their care; **collaborated with interdisciplinary team** to develop goals and plan interventions that maximize patient outcomes.

EDUCATION & TECHNICAL SKILLS

Contra Costa College, *San Pablo, CA*, Graduated with an ADN

Cerner Systems ✕ Word

CERTIFICATIONS

Certified Hospice and Palliative Care RN, Cert#111400661, Expiring on Dec 11, 2019
Registered Nurse, CA Lic#514035, Expiring on Aug 31, 2017
Health Care BLS Provider (ECSI), Expiring on Mar 2017

AWARDS

Dignity Health "Values in Action Award for Excellence", 2007

References Gladly Provided Upon Request